



PERSONAL INFORMATION

MANTAS MAULĖ

Birth date: 1999-09-15

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BIO

A fourth year bachelor's degree student with 14+ years of experience as a semi professional badminton player and 4+ years experience as a badminton coach. Currently working at "Kęstutis Navickas Badminton Academy" as a badminton coach and as a physical performance coach. Helped creating training programs for elite and amateur players as well as coaching many youth players.

EXPERIENCE

- 14+ years of experience as a semi professional badminton player.
- 4+ years of experience as a badminton coach
- Won multiple national Lithuanian tournaments in different categories.
- Participated in multiple foreign country tournaments
- Currently placed in the Top 10 Lithuanian Badminton players.

EDUCATION

- Completed Level 1 BWF Coach training (2019-08-31)
- Completed Level 2 BWF Coach course training (2021-07-04)
- Completed multiple sport seminars:
 - ◆ "Sport and peace – overcoming challenges" seminar (2019-11-13)
 - ◆ "Battle ropes" training seminar (2020-01-19)
 - ◆ "Full body training with elastic bands" training seminar (2020-01-25)
 - ◆ "Gen Z and Y youth psychology. Main coaching points" seminar (2020-04-08)
- 4th year bachelor in Lithuanian Sports University (LSU)- studying training systems: personal trainer/healthy lifestyle